

**WEEK
3**

W/C: 02/05 23/05 13/06 04/07 25/07 05/09
26/09 17/10

**HOT
SPECIALS...**

**DAILY
FAVES...**

SIDES...

**PICK A
PUD!**

MONDAY

Macaroni Cheese
Traditional Mac N Cheese, delicious macaroni in a creamy cheese sauce

Vegetarian Sausage with Mashed Potato and Gravy
Veggie sausage and mash with rich gravy

Packed Lunch
See below for details
Jacket Potatoes
A choice of hot and cold fillings
Tomato Pasta
Fresh, homemade tomato and basil sauce with penne pasta

Peas and Carrots

Oaty Biscuit with Fresh Cut Fruit Slices

TUESDAY

Allegra's Chilli Con Chicken and Sweet Potato Bake
Baked wedges of sweet potato, topped with tomato chicken & tortilla crunchies

Allegra's Cheesy Peasy Risotto Bake
A delicious baked cheesy, pea risotto

Packed Lunch
See below for details
Jacket Potatoes
A choice of hot and cold fillings
Tomato Pasta
Fresh, homemade tomato and basil sauce with penne pasta

Broccoli and Green Beans

Carrot Cake with Citrus Frosting

WEDNESDAY

Tender Roast Gammon with Roast Potatoes & Gravy
Tender roast gammon with fluffy roasties and tasty gravy

Quorn Roast with Roast Potatoes and Gravy
Delicious Quorn roast with fluffy roasties and tasty gravy

Packed Lunch
See below for details
Jacket Potatoes
A choice of hot and cold fillings
Tomato Pasta
Fresh, homemade tomato and basil sauce with penne pasta

Carrots and Cabbage

Strawberry Ice Cream

THURSDAY

Beef Meatballs in Tomato Sauce with Pasta
Delicious beef meatballs in a tasty tomato sauce with pasta

Veggie Lasagne served with a Bread Wedge
Delicious sheets of pasta layered with veggies and tomato sauce

Packed Lunch
See below for details
Jacket Potatoes
A choice of hot and cold fillings
Tomato Pasta
Fresh, homemade tomato and basil sauce with penne pasta

Broccoli and Sweetcorn

Chocolate Sponge Cake

FRIDAY

Southern Fried Chicken Tasters with Chips
Lightly seasoned crispy chicken strips and scrummy chips

Veggie Soft Taco and Chips
A soft taco shell filled with a yummy veggie tomato chilli

Packed Lunch
See below for details
Jacket Potatoes
A choice of hot and cold fillings
Tomato Pasta
Fresh, homemade tomato and basil sauce with penne pasta

Baked Beans and Peas

Cheese & Biscuits

PACKED LUNCH - AVAILABLE DAILY
HAM AND CHEESE OR DAILY SPECIAL
WITH VEG STICKS AND FRESH FRUIT OR
BEAR YOYO OR DESSERT OF THE DAY

CHART2021-3WSTEAM_717941

Chartwells
So much more than Fantastic Food

THREE WEEK MENU

SPRING/SUMMER 2022

£2.34

OUR NEW MENU
CHOSEN BY
PARENTS AND
CHILDREN

YOUR
FAVOURITES
AVAILABLE
EVERY DAY



WEEK 1

W/C: 18/04 09/05 20/06 11/07 12/09 03/10

	HOT SPECIALS...	DAILY FAVES...	SIDES...	PICK A PUD!	
MONDAY	Veggie Burrito ♻️ 🌱 A soft wrap filled with lightly spiced veggies and rice	Macaroni Cheese ♻️ Traditional Mac 'N' Cheese, delicious macaroni in a creamy cheese sauce	Packed Lunch See below for details Jacket Potatoes ♻️ 🌱 A choice of hot and cold fillings Tomato Pasta ♻️ 🌱 Fresh, homemade tomato and basil sauce with penne pasta	Green Beans and Sweetcorn	Raspberry Ripple Ice Cream
TUESDAY	Allegra's BBQ Chicken Burger, Corn and Pineapple Relish with Potato Wedges BBQ chicken breast burger with zingy corn relish	The Incredible Burger served with Potato Wedges ♻️ Meatless burger in a soft bap with ketchup	Packed Lunch See below for details Jacket Potatoes ♻️ 🌱 with Assorted Fillings Tomato Pasta ♻️ 🌱 Fresh, homemade tomato and basil sauce with penne pasta	Sweetcorn and Broccoli	Brownie
WEDNESDAY	Roast Chicken with Roast Potatoes & Gravy Succulent roast chicken with fluffy roasties and tasty gravy	Sweet Potato and Chickpea Roast with Roast Potatoes and Gravy ♻️ ♻️ A chunky sweet potato and chickpea roast	Packed Lunch See below for details Jacket Potatoes ♻️ 🌱 A choice of hot and cold fillings Tomato Pasta ♻️ 🌱 Fresh, homemade tomato and basil sauce with penne pasta	Carrots and Cabbage	Shortbread Biscuit with Fresh Cut Fruit Slices 🍏
THURSDAY	Beef Bolognese ♻️ ♻️ A classic Italian beef bolognese in a yummy tomato sauce	Quorn Hot Dog with Potato Wedges ♻️ A delicious Quorn hot dog	Packed Lunch See below for details Jacket Potatoes ♻️ 🌱 A choice of hot and cold fillings Tomato Pasta ♻️ 🌱 Fresh, homemade tomato and basil sauce with penne pasta	Broccoli and Sweetcorn	Banana & Apricot Flapjack with Fruit Slices 🍏
FRIDAY	Golden Fish Fingers and Chips Crispy fish fingers with scrummy chips	Quorn Nuggets and Chips ♻️ Crispy Quorn nuggets with their fave sauce - ketchup	Packed Lunch See below for details Jacket Potatoes ♻️ 🌱 A choice of hot and cold fillings Tomato Pasta ♻️ 🌱 Fresh, homemade tomato and basil sauce with penne pasta	Baked Beans and Peas	Orange, Sultana & Carrot Slice

PACKED LUNCH - AVAILABLE DAILY
 HAM AND CHEESE OR DAILY SPECIAL
 WITH VEG STICKS AND FRESH FRUIT OR
 BEAR YOYO OR DESSERT OF THE DAY

WEEK 2

W/C: 25/04 16/05 06/06 27/06 18/07 19/09 10/10

	HOT SPECIALS...	DAILY FAVES...	SIDES...	PICK A PUD!	
MONDAY	Veggie Bolognese ♻️ ♻️ Yummy veggie Bolognese with pasta	Cheese and Tomato Pizza ♻️ ♻️ Cheesy tomato topped pizza slice	Packed Lunch See below for details Jacket Potatoes ♻️ 🌱 A choice of hot and cold fillings Tomato Pasta ♻️ 🌱 Fresh, homemade tomato and basil sauce with penne pasta	Cucumber Sticks and Carrot Sticks	Flapjack with Fruit Slices 🍏 ♻️
TUESDAY	Allegra's Asian Sticky Noodles Chicken and vegetables in sweet sauce with noodle	Allegra's Fruity Cous Cous With Mint Yoghurt and Pitta Crisps	Packed Lunch See below for details Jacket Potatoes ♻️ 🌱 A choice of hot and cold fillings Tomato Pasta ♻️ 🌱 Fresh, homemade tomato and basil sauce with penne pasta	Cauliflower and Peas	Orange Shortbread with Fruit Slices 🍏
WEDNESDAY	Roast Turkey with Roast Potatoes & Gravy Roast turkey with fluffy roasties and tasty gravy	Creamy Vegetable Pie with Roast Potatoes and Gravy ♻️ Creamy vegetable pie with a cheesy shortcrust topper	Packed Lunch See below for details Jacket Potatoes ♻️ 🌱 A choice of hot and cold fillings Tomato Pasta ♻️ 🌱 Fresh, homemade tomato and basil sauce with penne pasta	Cabbage and Carrots	Raspberry Yoghurt Cake
THURSDAY	Beef Lasagne with a Garlic & Herb Bread Wedge ♻️ A classic Italian layered pasta dish with beef mince	Mild Chickpea and Potato Curry with Rice ♻️ ♻️ ♻️ Tasty chickpea and potato curry served with rice	Packed Lunch See below for details Jacket Potatoes ♻️ 🌱 A choice of hot and cold fillings Tomato Pasta ♻️ 🌱 Fresh, homemade tomato and basil sauce with penne pasta	Mixed Salad	Fruity Chocolate Brownie
FRIDAY	Battered Fish Fillet with Chips	Tomato Veggie Burger with Chips ♻️ A delicious veggie burger in a soft bap with chips	Packed Lunch See below for details Jacket Potatoes ♻️ 🌱 A choice of hot and cold fillings Tomato Pasta ♻️ 🌱 Fresh, homemade tomato and basil sauce with penne pasta	Peas and Baked Beans	Vanilla Ice Cream

AVAILABLE EVERY DAY
 WATER, SALAD, FRESHLY BAKED BREAD,
 YOGHURT & FRESH FRUIT

♻️ Vegetarian
 🐟 Oily fish
 🌿 Wholegrain
 🍏 Fruity!
 👩‍⚕️ Nutritionist's Choice