

I grew up in Cornwall, and then went away to study in Bristol, where I graduated with a BA (HONS) in Economics and History. Following that, I moved to Plymouth and attended the College of St. Mark and John to do my Post Graduate Certificate in Education.

I have taught and volunteered in schools (in all the primary year groups, EYFS-Year Six) in Bristol, Plymouth and Cornwall over the past 20 years. My first full time teaching post was at St Erth CP School over 15 years ago! I was on the Governing body for a short while representing the teaching staff. After five years at St Erth I left and had my son, Rhys. Three years later, I had my daughter, Eva.

Since becoming a mum, I have enjoyed spending time with my children, teaching part time and more recently doing supply teaching. I also help care for my disabled brother. Plus I run Circuits Sessions, Sports Clubs and Running clubs - since qualifying as a UK Athletics Running Leader and Fitness instructor for children, adults and disabled clients.