

EASTER HOLIDAY ACTIVITIES YOUNG PEOPLE CORNWALL

Truro

YPC are supporting at Community football sessions, 5-15yrs.

- 12th Malabar estate 10 - 3pm
- 13th Rosedale Park 10 - 3pm
- 14th Trelander Playing Field 10 - 3pm

In partnership with Truro City Council, Supasport South West, Community connect, Together for families, Truro FC, Truro Safe. Booking & info via supasportsouthwest@outlook.com

Time to Move for 10-16yr olds - booking via Playwaze

- 20th 10am-2pm - Non contact boxing, Yoga
- 21st 10am-2pm - Park games, mindfulness walking activity, crafts, and cooking with Wild, wonder and Wisdom

Open access session - Zebs - no booking required

- every Thursday & Friday 6pm - 9pm

Open sports session - Pydar Pop up - no booking required

- every Wednesday 5pm - 6pm

Contact Kelly Gleeson for more info 07422505665

email: kelly.gleeson@ypc.org.uk

FB: zebs youth centre

St Agnes parish

Trips for yp aged 8-18yrs from the St Agnes parish area

- 19th - Redruth roller disco £4pp
- 24th - Nqy trampoline park £4.95byo socks/£6.95 without

Open access drop-in youth sessions for: 8-12yrs - 5pm-6.45pm and 13+ 7-8.30pm

Easter egg hunt and activities:

- 12th - St Agnes MMI
- 13th - Porthtowan village hall
- 14th - Mount Hawke methodist hall

Contact Daniel wildman for more info: 07774950282

Email: daniel.wildman@ypc.org.uk

FB: St Agnes Parish Youth Project PYP

Newquay

Time to Move for 9-16yrs - booking via Playwaze

- 13th 12-3pm Parkour with UPG
- 20th 12-3pm non-contact boxing and Pilates

Newquay Youth Club member trips

- 14th Body Bounce/ Crazy Golf £4
- 24th Newquay trampoline park £5

Contact Rosie Nickels for more info: 07741903203

email: rosie.nickels@ypc.org.uk

FB: Newquay youth club

Bodmin

Time to Move for 9-16yrs - booking via Playwaze

- 11th 3-6pm Parkour with UPG.*
- 12th 3-6pm team games and Boxing*
- 18th 3-6pm Parkour with UPG*
- 19th 3-6pm dance with KBSK - at st petrocs

*based at Berryfields community centre/park

Contact Rosie Nickels for more info: 07741903203

email: rosie.nickels@ypc.org.uk

FB: Berryfields youth club

St Enoder

- 13th 6pm-8pm - youth club session - Easter activities
- 21st - trip to BF adventure

*limited spaces at youth club and on trip please book, for young people aged 9-12yrs in St Enoder parish

Contact Rosie Nickels for more info: 07741903203

email: rosie.nickels@ypc.org.uk

FB: St Enoder young people youth club

Young People
Cornwall

Making Waves

Liskeard

Time to Move for 10-16yrs - booking via Playwaze

- 13th 11am-2pm - Louise School of Dance session at the Dance Studio followed by food and craft at LYC
- 15th April 5.30-8.30 - Combat Athletics Academy, self defence & mixed martial arts techniques followed by crafts
- 20th 11am-2pm - willow workshop
- 22nd 5.30pm-8.30pm - willow workshop, rounders

Open access drop-in at Lyskerrys Youth Club for 11-13yrs

- 15th 5.30-8.30
- 22nd 5.30-8.30

contact Natasha Hewett for more info: 07909168804

email: natasha.hewett@ypc.org.uk

FB: Lyskerrys youth club

St Austell

Time to Move for 10-16yrs - booking via Playwaze

- 11th 11am-3pm Multi sports
- 14th 10am-2pm Bike Trail
- 19th 11-3pm Nerf Combat
- 21st 11-3pm Swimming

Open access drop-in at The House youth centre for 11-17yrs fun, games, activities, space to chill!

- 11th 6pm-9pm
- 14th 6-9pm
- 19th 6-9pm
- 21st 6-9pm
- 23rd 7pm-10pm The House disco

for more info contact Kerry Dymond
07749057130 kerry.dymond@ypc.org.uk

FB: the house ypc



Redruth

Time to Move for 10-16yrs booking via Playwaze

- 13th - Redruth roller disco
- 20th - golf (TBC)

open access drop-in at Hideaway 77 (above warrens bakery)

- 11th 5-7pm - Taskmaster activities
- 18th 5-7pm - Easter themed fun!

contact youthcafes@ypc.org.uk for more info

Helston

Open access drop in for 11yrs+ based at the furry cafe (above warrens bakery)

- 12th support hub 4:30-6:30 - MH toolkits-rock painting, lavender pillows, squeezies
- 12th 7-9pm National sharing day-'moments of kindness' activities
- 14th 5-7pm - coastline cooking! Exploring seaweed recipes
- 15th 7-9pm - Easter biscuits
- 19th support hub 4:30-6:30 - Mosaic Art
- 19th 7-9pm - table top games
- 14th 5-7pm - Easter baking (hot cross buns)
- 15th 7-9 - National earth day- planting

contact youthcafes@ypc.org.uk for more info

Gwennap

Drop-in youth club for yp aged 8-16yrs based at parish rooms, Richard Jory playing field
parish rooms,

- 11th 5-7pm Easter egg hunt and activities
- 19th - Redruth roller disco trip £4pp

for more info contact Andy March 07419746138

FB: richard jory playing fields youth group

DROP-IN SUPPORT HUBS

HUB TIMETABLE

AREA	DAY/TIME	ADDRESS
Penzance	Mondays 3:30-5:30pm	Lescudjack Centre, Penzance, TR18 3PE
Helston	Tuesdays 4:30-6:30pm	6 Meneage St, Helston, TR13 8AB
Redruth	Tuesdays 3:30-5:30pm	Hideaway 77, Redruth, TR15 2BL
Truro	Wednesdays 3:30-5:30pm Fridays 3:30-5:30pm	Zebs, The Leats, TR1 3AG
St Austell	Mondays 3:30-5:30pm Thursdays 3:30-5:30pm	The House, St Austell, PL25 4DB
Liskeard	Wednesdays 3:30-5:30pm	Liskerrett Centre, Liskeard, PL14 4AP
Newquay	Wednesdays 3:30-5:30pm	Newquay, Youth Centre, TR7 2RG

**A SAFE PLACE
FOR CHILDREN AND YOUNG
PEOPLE WHO ARE FEELING DOWN
AND/OR STRUGGLING WITH THEIR EMOTIONS.**

YPC will provide open access drop in sessions through the Winter. These sessions will be run by trained workers who will help young people aged 11-25 who are struggling with their thoughts and feelings. They will provide information and advice and will support them to access services as needed.

We will continue to have guest organisations in attendance over the coming term, please get in touch to find out where and when.

Contact: 01872 222447 | 07422 505646 | camille.smith@ypc.org.uk



support hubs

Our wellbeing support hubs will be running as normal, with the exception of closures on the bank holidays -
CLOSED - Friday 15th and Monday 18th.

Headstart

- 19th April 10.30am-12pm Boat trip, seal watching and marine life talk, St Ives, with St Ives Boats. For 10-16yrs

for more info and to book please contact
charm Tinn 07774872 626 charm.tinn@ypc.org.uk

On Track - CWT

Non - contact boxing sessions
for 16-25 yr olds who are out of Education and Employment
based in Penryn, wednesdays 1.45pm-3pm

for more info contact Catherine Hendy 07422505598
catherine.hendy@ypc.org.uk

YPC

For more info about Young People Cornwall check out our:

website: www.youngpeoplecornwall.org

Facebook: [young people cornwall](https://www.facebook.com/youngpeoplecornwall)

Instagram: [ypcmakingwaves](https://www.instagram.com/ypcmakingwaves)

Twitter: [@ypcmakingwaves](https://twitter.com/ypcmakingwaves)

contact our main office on 01872 222447

